

He says that if we come to him *first*, seek his kingdom *first*, seek his opinion *first*, seek his will *first*—then everything else will fall into line. That faced with worries and distractions, what is better is to sit at his feet and listen to what he has to say.

I want to seek him *first*, don't you? To come to him for teaching and guidance and instruction *first*—rather than trying everything in my own power and ability and coming to him—worn out and exhausted—at last for what he was ready to give all along.

First. In joy. In questions. In doubt. In need. In parenting. In relationships. In sorrow. In confusion. In everything.

Seek God first—and he promises to provide everything we need.

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” (Matthew 6:33)

S: Seek God *first*

“[Insert your name here], you are worried and upset about many things.”
—from Luke 10:41 in “A Simple Life,” *Living Simply*, page 40

What’s worrying and upsetting you today? Is it only one thing—or is it a whole host of things? Are you rushing around, trying to keep it all in line, running from one worry to the next, hoping that nothing comes crashing down?

It’s all too easy for such worry and rushing around to become the normal way of life for us, isn’t it? It becomes a habit, and we don’t know how to stop. And so we keep on rushing, keep on worrying, and grudgingly come to believe that it’s just the way it has to be.

But Jesus says different.