

I don't know about you, but when I feel overwhelmed, I often start to feel paralyzed. I wander from room to room, not sure where to begin or what to do. It helps to identify just one small area that needs my attention, deal with it, and move on the next thing. Breaking the task of organizing my house or my life into smaller, more manageable steps means it actually gets done!

Try it. Start small. Accomplish one task before moving on to the next. Do that one thing, and then pick something else to tackle. Pretty soon, you'll have made big progress—and that feeling of being overwhelmed will be replaced with one of accomplishment.

*“For God is not a God of disorder but of peace.” (1 Corinthians 14:33)*

## O: Organize something

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*“How do we create beauty in our homes? Eliminate clutter. That’s the first thing that comes to my mind. It’s hard to relax in a room cluttered with stuff.”*

—from “A Simple Home,” *Living Simply*, page 59

Sometimes the thought of organizing life—simplifying life—is completely overwhelming. It’s something that we want to do, an idea that has great appeal. We’re ready to go, but then we stop and wonder, “Where exactly do we begin?” Unsure of how to proceed, we stop before we really get started.

Here’s my two cents—start small. Pick a drawer in the kitchen, the cupboard under your bathroom sink, the sock drawer in your dresser. Organize that one small space. It doesn’t take too long, gratification comes quickly, and there’s usually a desire to do it again!