

## The ABCs of Living Simply

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Living simply shouldn't be so complicated. Instead, it should be, well, simple.

I love *The Sound of Music*. As Maria sings, “When we read we begin with A B C.” We can begin living simply with the ABCs too.

Each idea that follows is something you can incorporate into your life today—something to help you as you begin to choose less in a world that pushes more and more.

My prayer is that as you begin to live more simply, you find the abundant life Jesus promises—“more and better life than [you] ever dreamed of” (John 10:10, *The Message*).

A handwritten signature in black ink, appearing to read "Joanne". The signature is fluid and cursive, with a large loop at the beginning and a long, sweeping tail that ends in a horizontal flourish.