

Left to my own devices, I tend to be an all-or-nothing kind of a girl. If things don't go exactly as planned, I'd rather they just didn't go at all. Looks silly in black and white, doesn't it?

Flexibility is a skill I'm pursuing, learning to hold my plans and my agenda more loosely in order to be open to what *God* has planned for me and my day. The desire of my heart is to want what *he* wants, to follow where *he* leads—and for that to happen, I must bend.

So, how flexible are you? Are you willing to let go of your plans, to try something new when things don't go exactly as planned? Maybe like me, flexibility is something you're asking God to teach you, something you're in the process of learning as you pursue a simple life.

“There is a time for everything, and a season for every activity under heaven...”
Ecclesiastes 3:1

F: Flexibility is a good thing

“It takes time and some trial and error to find what works best for your family. There’s no special formula or secret recipe for the simple life...The key is to be flexible, be willing to try new things, and try something else if it doesn’t work.”

—from “Changing Seasons,” *Living Simply*, page 200

Flexibility is not something that comes naturally to me. But living simply requires flexibility. Life doesn’t always go as planned (she says as the snow comes down that completely revised her plans for today!) and being flexible is a much-needed skill.

Have you ever heard the saying, “If you don’t bend, you’ll break”? It’s so true, isn’t it? Without the flexibility required to adapt and change and try something new, we tend to break, to give up, to call it quits.