

Doing too many things at once means that nothing gets done very well, and, all too often, nothing gets completed. Do you ever have those days where you do, do, do all day long, but never cross anything off your to-do list?

Start today. Do one thing at a time. Do it well. Then move on to the next thing. You may find yourself slipping back into multitask mode, but just stop and start over. You'll be amazed at how much you accomplish—and how much better you feel at the end of the day.

This is the one piece of advice that has made the most difference in my daily life when I practice it consistently. Doing one thing at a time and doing it well means I'm focused on the moment and paying attention—and that's part of what living simply is all about.

“Whatever your hand finds to do, do it with all your might.” Ecclesiastes 9:10

D: Do one thing at a time

“If it’s worth doing, it’s worth doing well...Are we taking the time to do things right the first time? Or are we rushing through life, haphazardly slapping together projects and telling ourselves we’ll fix them later?”

—from “Simple Abundance,” *Living Simply*, page 25

Whenever I’m asked for one idea on living simply that someone can do today, this is it. Do one thing at a time. Seems pretty simple, huh?

All too often, I find myself doing three or four things at a time—cooking dinner, talking on the phone, helping kids with homework, and washing dishes. I feel distracted, frazzled, and rushed.

Well, no wonder!

Multitasking isn’t all it’s cracked up to be, I’ve decided. So I’ve stopped.